

JOIN RENEE REUSZ, KINESIOLOGIST AND YOGA THERAPIST
FOR AN AFTERNOON EXPLORING

YOGA AS THERAPY

SATURDAY JUNE 22nd; 11:30 am – 2:30 pm
Kali Yoga, 201-10958 Barnston View Road, Pitt Meadows



ENHANCE YOUR BODY AWARENESS AND HEALING THROUGH YOGA

Learn which poses will serve your body best by exploring yoga through the lenses of kinesiology (applied anatomy and physiology) and yoga therapy. Experience first hand the physical and energetic benefits of many therapeutic poses.

COST \$35.00 Per Person (tax included)

To register please email Kali Yoga at info@kaliyogainc.com or ph: 604-465-5253
For more information contact Renee at renee@inbalancehealth.ca or 604-528-0401